

# SWIM LESSONS

The Betty J. Pullum Family YMCA



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Preschool Lessons ages 3-5 years

<b>Class Stage</b> <b>30 minute class</b>	<b>Monday- Thursday AM</b>	<b>Friday (makeups)</b>	<b>Monday- Thursday PM</b>
Stage 1	9am; 10:10am		4pm; 5:10pm
Stage 2	9:35am; 10:10am		4:35pm; 5:10pm
Stage 3	10:10am		5:10pm
Stage 4	10:10am		5:10pm

## Youth Lessons Ages 6-12 years

<b>Class Stage</b> <b>30 minute class</b>	<b>Monday- Thursday AM</b>	<b>Friday (makeups)</b>	<b>Monday- Thursday PM</b>
Stage 1	9am		4pm
Stage 2	9am		4pm
Stage 3	9:35am		4:35pm
Stage 4	9:35am		4:35pm

## Parent Child lessons ages 6months-3 years

<b>Class Stage</b> <b>30 minute class</b>	<b>Monday- Thursday AM</b>	<b>Friday (makeups)</b>	<b>Monday- Thursday PM</b>
Swim Starters	9am		4pm

All lessons: \$40 member

\$80 Program Participants