



# GYM SCHEDULE

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

TIMES	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30AM-11AM	1PM-5PM OPEN GYM	OPEN GYM					OPEN GYM
11AM-1PM		Pickleball Advanced	Pickleball Beginner/ Intermediate	Pickleball Advanced	Pickleball Beginner/ Intermediate	Pickleball See box at bottom	
1PM-6PM		AFTER SCHOOL CARE					
6PM-8:30PM		6-8 OPEN GYM	6- 7:30pm YOUTH CHEER PRACTICE	6-8pm OPEN GYM	6-7:30pm YOUTH CHEER PRACTICE	6- 9pm ADULT VOLLEYBALL	
8PM-9PM		OPEN GYM					

**\*\*\*ONLY QUALIFIED STAFF IS ALLOWED IN THE GYMNASIUM DURING AFTER SCHOOL CARE**

**\*\*\*DURING THE PICKLE BALL HOURS HALF OF THE COURT WILL BE SHARED**

Friday Pickleball is from 10am—1pm

10 to 11:30 is for Beginner/Intermediate players

11:30am—1pm is for Advanced players

**Effective Nov 1st —Dec 15th 2023**