

SWIM LESSONS

The Bear | Levin | Studer Family YMCA



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Summer Swim Lesson 2021 Dates

	Start Date	End Date	Registration Date
Mon/Wed	August 2	August 25	Household Members July 19 Participants July 26
	August 30	September 22	Household Member Aug 16 Participant Aug 23
	September 27	October 20	Household Members Sept 13 Participants Sept 20
Tue/Thu	August 2	August 25	Household Members July 19 Participant s July 26
	August 31	September 23	Household Member Aug 16 Participant Aug 23
	September 28	October 21	Household Members Sept 13 Participants Sept 20
Saturday	August 28	Oct 16	Household Members Aug 14 Participants Aug 21

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Preschool Lessons ages 3-5 years

Class Stage	Stage 1	Stage 2	Stage 3	Stage 4
Saturday	9:35a; 10:10a; 11:20a	9:35a; 11:20a	10:45a; 11:20a	10:10a;
Monday/Wednesday	3:30p; 4:05p; 5:15p	3:30p; 4:40p; 5:15p	4:40p; 5:50;	4:05p; 5:50p
Tuesday/Thursday	10:35a	11:10a		

Youth Lessons Ages 6-12 years

Class Stage	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	*Aquatic Conditioning
Saturday	9a	9a; 10:45a	9a	9:35a; 10:45a	9:35a	10:10a	10:10a
Monday/ Wednesday	4:05p	3:30p	4:05p	4:40p; 5:15p	4:40p	5:15p	5:15p

Class Stage Parent Child lessons ages 6months-3 years

Swim Starters	10:00a Tues/Thurs	9a Sat	10:45a Sat	
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Class Stage Adult lessons Ages 13 and Up

Stages 1&2&3	5:50p Mon/Wed	11:20a Sat
Stages 4&5&6* Masters Swim Club	5:30a M&W&F	

Youth Swim Lessons are 30 minutes a lesson. Adult Swim Lessons are 45 minutes a lesson. Master Swim Club is one hour 3 times a week for a month.

Price- Household members \$40, Program participants \$80

Aquatic Conditioning is the stage after stage 6. This Class builds the endurance and teaches skills for competitive swimming.

YMCA OF NORTHWEST FLORIDA
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165 E. Intendencia St. Pensacola, FL 32502 ♦ 850 438 4406 ♦ www.ymcanwfl.org

May 2021