








ACTIVITY POOL BEAR LEVIN STUDER FAMILY YMCA



The Y: We're for youth development, healthy living and social responsibility

| Activity Time | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | | |
|---------------|---|---|----------------------------------|---|---|--|--|---|---|
| 5am |  Open Swim | Open Swim | Open Swim | Open Swim |  Open Swim | | | | |
| 6am | | | | | | | | | |
| 7am | | | | | | | | | |
| 8am | | | | Aqua Yoga | | | | Open Swim | |
| 9am | | | | Open Swim | | | | Swim Lessons 9am-12pm | |
| 10am | | | Swim Lessons 10am-12pm | | | | Swim Lessons 10am-12pm | | |
| 11am | | | | | | | | | |
| 12pm | | | Open Swim | | | Open Swim | |  Open Swim |  Open Swim |
| 1pm | | | | | | | | | |
| 2pm | WaterFit | Aqua Bootcamp | WaterFit | Aqua Bootcamp | WaterFit | | | | |
| 3pm | Open Swim |  Open Swim | Open Swim |  Open Swim |  Open Swim | Open Swim Pool Closes @ 4:45 | Open Swim Pool Closes @ 4:45 | | |
| 4pm | Swim Lessons | | | | | | | | |
| 5pm | Swim Lessons | | | | | | | | |
| 6pm | 3:30-6:30pm | | | Swim Lessons | | | | | |
| 7pm | Open Swim | | | 3:30-6:30pm | | | | | |
| 8pm | | | Open Swim | | | | | | |
| 8pm | Pool Closes @ 8:45 | Pool Closes @ 8:45 | Pool Closes @ 8:45 | Pool Closes @ 8:45 | Pool Closes @ 8:45 | | | | |

*Waterslide can be turned on anytime open swim is available. See Lifeguard to turn on slide.
*There is no open swim during swim lesson.

LAP POOL

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|---------------|--------------------|------------------------------------|--------------------|-------------------|--------------------|------------------------------------|--------------------|-------------------|--------------------|---------------------|-------------|---------------------------------|-------------|-------------|
| 5am | 1 open lane | 3 lap lanes | | 3 lap lanes | 1 open lane | 3 lap lanes | | 3 lap lanes | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes |
| 6am | 1 lap lane | Masters Swim | | | 1 lap lane | Masters Swim | | | 1 lap lane | Masters Swim | | | | |
| 7am | 1 open lane | 3 lap lanes | | | 1 open lane | 3 lap lanes | | | 1 open lane | 3 lap lanes | | | | |
| 8am | 1 open lane | 3 lap lanes | | | 1 open lane | 3 lap lanes | | | 1 open lane | 3 lap lanes | | | | |
| 9am | 1 lap lane | Deep WaterFit | 1 open lane | 3 lap lanes | 1 lap lane | Deep WaterFit | 1 open lane | 3 lap lanes | 1 lap lane | Deep WaterFit | 1 lap lane | Swim Lessons 9am-12pm | | |
| 10am | 1 open lane | 3 lap lanes | | 1 open lane | 3 lap lanes | | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | 1 open lane | | | 3 lap lanes |
| 11am | | | | | | | | | | | | | | |
| 12pm | | | | | | | | | | | | | | |
| 1pm | 2 lap lanes | Swim lessons 3:30-6:30pm | 1 lap lane | Aqua Zumba | 2 lap lanes | Swim lessons 3:30-6:30pm | 1 lap lane | Aqua Zumba | | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | |
| 2pm | | | | | | | | | | | | | | |
| 3pm | | | | | | | | | | | | | | |
| 4pm | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | | |
| 5pm | | | | | | | | | | | | | | |
| 6pm | | | | | | | | | | | | | | |
| 7pm | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | 1 open lane | 3 lap lanes | | |
| 8pm | | | | | | | | | | | | | | |
| 9pm | Pool Closes @ 8:45 | | Pool Closes @ 8:45 | | Pool Closes @ 8:45 | | Pool Closes @ 8:45 | | Pool Closes @ 8:45 | | | | | |

*There will always be 1 lap lane available. Please circle swim if needed.

*There is no open swim during scheduled activities.