

# LAP POOL BEAR LEVIN STUDER Y



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Time	MON	TUE	WED	THU	FRI	SAT	SUN
5a-6a	Master swim club 5:30am-6:30am 2 lap lanes	3 lap lanes 1 open lane	Master swim club 5:30am-6:30am 2 lap lanes	3 lap lanes 1 open lane	Master swim club 5:30am-6:30am 2 lap lanes		
6a-7a	2 lap lanes 530-630am	3 lap lanes 1 open lane	2 lap lanes 530-630am	3 lap lanes 1 open lane	2 lap lanes 530-630am		
7a-8a	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	
8a-9a	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	
9a-10a	1 Lap swim Water fit @ 930	1 lap swim Aqua Zumba	1 lap swim Water fit @ 930am	1 lap swim Aqua Zumba	1 lap swim Water fit @ 930am	Y lessons 1 lap swim lane	
10a-11a	3 lap lanes 1 open lane @10:30	3 lap lanes 1 open lane	3 lap lanes 1 open lane @10:30	3 lap lanes 1 open lane	3 lap lanes 1 open lane @10:30	Y lessons 1 lap swim lane	
11a-12p	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	2 lanes @11:50a	
12p-1p	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	2 Lap swim A.Zumba@ 12:30p	3 lanes 1 open
1p-2p	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lanes 1 open @1:30pm	3 lanes 1 open
2p-3p	3 lap lanes 1 open lane	3 lap lanes 1 open lane @2:30	3 lap lanes 1 open lane	3 lap lanes 1 open lane @2:30	3 lap lanes 1 open lane	3 lanes 1 open	3 lanes 1 open
3p-4p	3 lap lanes 1 open lane	1 lap lane Y lessons @3:15p	3 lap lanes 1 open lane	1 lap lane Y lessons @3:15p	3 lap lanes 1 open lane	3 lanes 1 open lane	3 lanes 1 open
4p-5p	1 lap lane Y lessons	1 lap lane Y lessons	1 lap lane Y lessons	1 lap lane Y lessons	3 lap lanes 1 open lane	3 lanes 1 open lane	3 lanes 1 open
5p-6p	1 Lap lane Y lessons	1 lap Lane Aqua Zumba@ 5:30	1 lap lane Y lessons	1 lap Lane Aqua Zumba@ 5:30	3 lap lanes 1 open lane	Pool closes @5:45p	Pool closes @5:45p
6p-7p	3 lanes 1 open @ 6:30p	3 lanes 1 open @ 6:30p	3 lanes 1 open @ 6:30p	3 lanes 1 open @ 6:30p	3 lap lanes 1 open lane		
7p-8p	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane	3 lap lanes 1 open lane		
8p-9:30p	Pool closes @9:15p	Pool closes @9:15p	Pool closes @9:15p	Pool closes @9:15p	Pool closes @8:45p		

During Group Activities times there is no open swim. There will be 1 lane open for circle lap swimming.

YMCA OF NORTHWEST FLORIDA  
The Bear | Levin | Studer Family YMCA

165 E. Intendencia St. Pensacola, FL 32502 ♦ 850 438 4406 ♦ www.ymcanwfl.org

March 2020

# ACTIVITY POOL BEAR LEVIN STUDER Y



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Time	MON	TUE	WED	THU	FRI	SAT	SUN
5a-6a	Open swim	Open swim	Open swim	Open swim	Open swim		
6a-7a	Open swim	Open swim	Open swim	Open swim	Open swim		
7a-8a	Open swim	Open Swim	Open swim	Open Swim	Open swim	Open swim	
8a-9a	Water Fit @8:30a-9:30a	Aqua Zumba @8:00a-9:00a	Water Fit @8:30a-9:30a	Aqua Zumba @8:00a-9:00a	Water Fit @8:30a-9:30a	Open swim	
9a-10a	Open swim @9:30a	Open swim	Open swim @9:30a	Open swim	Open swim @9:30a	Y Lessons/ No Open Swim	
10a-11a	Open swim	Y Lessons/ No Open Swim	Open Swim	Y Lessons/ No Open Swim	Open swim	Y Lessons/ No Open Swim	
11a-12p	Open swim	Open Swim @ 11:45a	Open Swim	Open Swim @ 11:45a	Open swim	Y Lessons/ No Open Swim	
12p-1p	Open swim	Bootcamp	Open swim	Bootcamp	Open swim	Open swim	Open swim
1p-2p	Water Fit @1:30p-2:30p	Open swim	Water Fit @1:30p-2:30p	Open swim	Water Fit @1:30p-2:30p	Open swim	Open swim
2p-3p	Open swim @2:30p	Open swim	Open swim @2:30p	Open swim	Open swim @2:30p	Open swim	Open swim
3p-4p	Open swim	Y Lessons @3:15p	Open swim	Y Lessons @3:15p	Open swim	Open swim	Open swim
4p-5p	Y Lessons/ No open swim	Y Lessons/ No open swim	Y Lessons/ No open swim	Y Lessons/ No open swim	Open swim	Open swim	Open Swim
5p-6p	Y Lessons/ No open swim	Open swim	Y Lessons/ No open swim	Open swim	Open swim	Pool Closes @5:45	Pool Closes @5:45
6p-7p	Open swim @6:15p	Open swim	Open swim @6:15p	Open swim	Open swim		
7p-8p	Open swim	Open swim	Open swim	Open swim	Open swim		
8p-9p	Pool closes @9:15p	Pool closes @9:15p	Pool closes @9:15p	Pool closes @9:15p	Pool closes @8:45p		

\*Slide can open by request when no classes are going on  
See a Lifeguard to inquire  
\*There is no open swim during classes.