









# ACTIVITY POOL

## BEAR LEVIN STUDER FAMILY YMCA



The Y: We're for youth development, healthy living and social responsibility

Activity Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
5am	 <b>Open Swim</b>	<b>Open Swim</b>	 <b>Open Swim</b>	<b>Open Swim</b>	 <b>Open Swim</b>						
6am											
7am										<b>Open Swim</b>	
8am											
9am											
10am			<b>Swim Lessons</b> 10am-12pm		<b>Swim Lessons</b> 10am-12pm		<b>Swim Lessons</b> 9am-12pm				
11am											
12pm			<b>Open Swim</b>		<b>Open Swim</b>						
1pm											
2pm		<b>WaterFit</b>	<b>Shallow Water Aerobics</b>	<b>WaterFit</b>	<b>Shallow Water Aerobics</b>	<b>WaterFit</b>	<b>Open</b>	<b>Open Swim</b>			
3pm	<b>Open Swim</b>		<b>Open Swim</b>								
4pm	<b>Swim Lessons</b>		<b>Swim Lessons</b>								
5pm	<b>Swim Lessons</b> 3:30-6:30pm	<b>Open Swim</b>	<b>Swim Lessons</b> 3:30-6:30pm	<b>Open Swim</b>	<b>Open Swim</b>	<b>Pool Closes @ 4:45</b>	<b>Pool Closes @ 4:45</b>				
6pm											
7pm	<b>Open Swim</b>					<b>Open Swim</b>					
8pm	<b>Pool Closes @ 8:45</b>	<b>Pool Closes @ 8:45</b>	<b>Pool Closes @ 8:45</b>	<b>Pool Closes @ 8:45</b>	<b>Pool Closes @ 8:45</b>						

\*Waterslide can be turned on anytime open swim is available. See Lifeguard to turn on slide.

\*There is no open swim during swim lesson.

# LAP POOL

## BEAR LEVIN STUDER FAMILY YMCA



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Activity Time	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY													
<b>5am</b>	1 open lane	3 lap lanes		1 open lane	3 lap lanes	1 open lane	3 lap lanes		1 open lane	3 lap lanes	1 open lane	3 lap lanes														
<b>6am</b>	1 lap lane	Masters Swim				1 lap lane	Masters Swim				1 lap lane	Masters Swim														
<b>7am</b>	1 open lane	3 lap lanes				1 open lane	3 lap lanes				1 open lane	3 lap lanes			1 open lane	3 lap lanes										
<b>8am</b>						1 lap lane	Deep WaterFit				1 lap lane	Deep WaterFit			1 lap lane	Deep WaterFit	1 lap lane	Swim Lessons								
<b>9am</b>	1 lap lane	Deep WaterFit					1 open lane				3 lap lanes	1 lap lane			3 lap lanes		1 open lane	3 lap lanes	1 lap lane	Swim Lessons						
<b>10am</b>	1 open lane	3 lap lanes	1 open lane	3 lap lanes	1 open lane			3 lap lanes	1 lap lane	9am-12pm																
<b>11am</b>			1 open lane	3 lap lanes	1 open lane			3 lap lanes	1 open lane	3 lap lanes																
<b>12pm</b>			1 open lane	3 lap lanes	1 open lane			3 lap lanes	1 open lane	3 lap lanes			1 open lane	3 lap lanes												
<b>1pm</b>	1 lap lanes	Swim lessons 3:30-6:30pm		1 open lane	3 lap lanes			1 lap lanes	Swim lessons			1 open lane	3 lap lanes	1 open lane	3 lap lanes				1 open lane	3 lap lanes						
<b>2pm</b>						1 lap lanes	Swim lessons	1 lap lanes	Swim lessons		1 open lane			3 lap lanes	1 open lane	3 lap lanes										
<b>3pm</b>						1 lap lanes	Swim lessons	1 lap lanes	Swim lessons		1 open lane			3 lap lanes	1 open lane	3 lap lanes										
<b>4pm</b>	1 open lane	3 lap lanes				1 open lane	3 lap lanes	1 open lane	3 lap lanes		1 open lane			3 lap lanes	1 open lane	3 lap lanes	1 open lane	3 lap lanes	1 open lane	3 lap lanes						
<b>5pm</b>																					1 lap lane	Aqua Zumba @5:30-6:30	1 lap lane	Aqua Zumba @5:30-6:30	1 lap lane	Aqua Zumba @5:30-6:30
<b>6pm</b>	1 open lane	3 lap lanes	1 open lane	3 lap lanes	1 open lane	3 lap lanes	1 open lane	3 lap lanes	1 open lane	3 lap lanes	1 open lane	3 lap lanes	1 open lane	3 lap lanes												
<b>7pm</b>															1 open lane	3 lap lanes	1 open lane	3 lap lanes	1 open lane	3 lap lanes	1 open lane	3 lap lanes	1 open lane	3 lap lanes	1 open lane	3 lap lanes
<b>8pm</b>															Pool Closes @8:45	Pool Closes @8:45	Pool Closes @8:45	Pool Closes @8:45	Pool Closes @8:45	Pool Closes @8:45	Pool Closes @8:45	Pool Closes @8:45	Pool Closes @8:45	Pool Closes @8:45	Pool Closes @8:45	Pool Closes @8:45

\*There will always be 1 lap lane available. Please circle swim if needed.

\*There is no open swim during scheduled activities.